

Sample Weekly Menu

Sunday Noon	Sunday Evening
Filet Mignon w/ Red Wine Demi OR Cod Fish Cakes with Tartar Sauce Romanesco Broccoli and Scalloped Potatoes Pot Du Creme	Vegetable Lasagna Chicken Dumpling stew Side Caesar Salad. Pudding
Monday Noon	Monday Evening
Prime Rib Au Ju with horseradish sauce OR Balsamic Marinated Grilled Eggplant Chive-Cheddar Potatoes, Mixed Vegetables Chocolate Chip Cake	Vegetable Stir Fry OR Chicken and Vegetables cooked in Mushroom Wine Sauce Mashed Potatoes. Cookie
Tuesday Noon	Tuesday Evening
Sweet and Sour Pork OR Seabass with Mango Salsa Vegetable Fried Rice. Mixed Berry Crisp	Beef Chili with Cornbread OR Vegetable Casserole Cake
Wednesday Noon	Wednesday Evening
Fried Turkey Cutlet OR Baked Cauliflower "Wings" Sugar Snap Peas, Potato Wedges Strawberry Shortcake	Pasta with Roasted Veggie Alfredo and Bread Sticks OR BBQ Pulled Pork with Coleslaw and Tots Magic Bar
Thursday Noon	Thursday Evening
Marinated Grilled Flank Steak OR Ratatouille (stewed vegetable dish) Broccoli, Rosemary Roasted Potatoes Crepe du Jour	Louisiana Chicken Thighs OR Shrimp Jambalaya Rice, Peppers, Onions, Collard Greens. Bananas Foster
Friday Noon	Friday Evening
Panko Salmon with Lemon Sauce OR Roasted Pork Tenderloin Zucchini and Summer Squash, Fingerlings. Pudding	Shepherd's Pie OR Vegetable Quiche Tomato Soup Cookie
Saturday Noon	Saturday Evening
Curry Chicken Salad OR Spiced Shrimp Rice, Cucumber Tomato Salad Blueberry Cheesecake	Pesto Salmon with rice OR Bacon Cheeseburger with fries Mixed Vegetables Cake